

Bowling Green Lightning Athletic Club presents...

# Lightning Trail Run 5K

8:30 AM CDT - Saturday October 12, 2013

## Low Hollow Trail

Weldon Peete Park  
Bowling Green, KY

### Entry fee guidelines:

- ✓ Online till 5:00 PM Oct. 11  
\$20 Individual \*
- ✓ Race day 7:00 - 8:00 AM  
\$25 Individual \*

\* Family discount (\$5 each) available when registering 3 or more immediate family members at the same time.

### Awards / Prizes:

- ✓ Door prizes (must be present)
- ✓ First male/female finisher
- ✓ First m/f age group finisher
  - 13 & under | 14 - 19
  - 20 - 29 | 30 - 39
  - 40 - 49 | 50 - 59
  - 60 - 69 | 70 & over

### Contact:

- ✓ [Michelle.Scott@twc.com](mailto:Michelle.Scott@twc.com) or [jscot00@yahoo.com](mailto:jscot00@yahoo.com)
- ✓ Call 270.303.3489

### More Info / Registration:

- ✓ [www.facebook.com/bglightning](http://www.facebook.com/bglightning)
- ✓ Scan QR code below to register



<https://runsignup.com/bg-ltr-5k>

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